



The Child Health Network
for the Greater Toronto Area

Presents

“After the NICU: Discharge Planning and Home Care”

A Workshop

for

***NICU Staff, CCACs & Service
Providers***



October 30, 2002

8:00 a.m. to 4:00 p.m.

Vaughan Estates at Sunnybrook

Courtyard Ballroom

2075 Bayview Ave.

Toronto, Ontario

Discharge Planning in NICU

Planning for the discharge home of babies after a stay in NICU or Special Care Nursery is challenging. Communication and collaboration amongst many health professionals and the family is crucial. This workshop will assist hospital staff, CCAC managers and community service providers in improving discharge planning practices and easing the transition of NICU babies into the community care system.

Key Objectives

After attending this workshop, participants will:

1. Realize the ethical dilemmas and decisions facing NICU staff and parents.
2. Understand the importance of building partnerships with families during the baby's stay in NICU and throughout the transition to the community.
3. Understand the theory and practice of developmental care and the importance of optimizing development of high risk babies.
4. Develop strategies to improve planning between hospitals and community agencies (CCAC, public health, neonatal follow-up clinics, care provider agencies) for discharge of babies with complex needs from NICU.
5. Develop strategies to assist parents in navigating the complex system of post-discharge care.
6. Understand the clinical conditions affecting NICU babies including feeding difficulties, respiratory complications, neurologic sequelae, and others.



Sessions

- 8:00 am** Registration & Continental breakfast
8:15 am Welcome & Introductions
8:20 am Opening Remarks
TBD
- 8:30 am** Neonatal Intensive Care: Then & Now
 - Evolution of Neonatal Care
 - Balancing Technological Capabilities with Acceptable Outcomes
 - Involving Parents in Decision-Making*Dr. Jonathan Hellmann*
- 9:15 am** Family-Centered Care: Supporting collaboration with families throughout the journey from birth to NICU to Level 2 care and to home and the community
Diane Younker
- 10:00 am** Break
10:15 am Feeding Issues: Challenges & Strategies
 - Assessment & Treatment of Feeding Problems
 - Practical Tips
 - Tube Feeding Techniques*Suzanne Breton, Cathy O'Leary*
- 11:00 am** Breakout Sessions: Choose One
 1. Clinical Issues for Babies after NICU Discharge: Understanding the Challenges, Addressing Care Needs (Suggested attendees-Home Care Service Providers)
Heather Urquhart
 2. Components of an NICU Discharge Plan: Ensuring a Seamless Transition from NICU to Home and Community Care (Suggested attendees-NICU Staff)
Athena Seabrook, JoAnne Hales
- 12:00** Lunch
12:45 pm Development Care
 - Theoretical Framework & Application in the NICU
 - Continuing Developmental Support in the Community*Dr. Ann Jefferies, Lorna Montgomery*
- 01:45 pm** Break
02:00 pm Planning for Discharge from NICU: A Case Study
 Facilitator: *Jasmine Earle, St. Elizabeth Health Care*
 Panel Members: *Jennifer Fisher, Nesan Bandali, Joanne Hales, Rob McGarry, Margot Jeffrey, Athena Seabrook, Mary Lou Walker*
 Participants will discuss discharge challenges with community and hospital providers and develop a discharge planning checklist in small groups led by a panel member
- 03:00 pm** Home from NICU! One Family's Journey
Olivia Hart, Journalist and Parent of Leanna 2 1/2 years of age: discharged at 8 months of age from NICU
- 03:45 pm** Evaluation and Adjourment

Faculty

Suzanne Breton, MA, BScOT

HSC NICU and Neonatal Follow-up Clinic

JoAnne Hales, RN

Care Coordinator, Toronto CCAC

Dr. Jonathan Hellmann, MBBCh, FCP(SA), FRCPC

Clinical Director of NICU, The Hospital for Sick Children

Dr. Ann Jefferies, MD, FRCPC

Neonatologist, Director of Nurseries and Deputy Paediatrician-in-Chief, Mount Sinai Hospital

Lorna Montgomery

Clinical Director, Peel Infant Development

Cathy O'Leary, O.T. Reg.(Ont)

COTA

Athena Seabrook, RN

Discharge Planner, The Hospital For Sick Children NICU

Heather Urquhart, BScN, MEd, NNP

Coordinator Perinatal Intensive Care Nursing Program, George Brown College and Neonatal Nurse Practitioner, The Hospital for Sick Children

Diane Younker, RN, MScN

Nursing Unit Administrator, Perinatal Ambulatory Program, Mount Sinai Hospital

Workshop Planning Committee

- Nesan Bandali:** Client Services Manager, Scarborough CCAC
- Sara Dimmock:** Occupational Therapist, NICU, The Hospital for Sick Children
- Jasmine Earle:** Manager, Child & Family Services St. Elizabeth Health Care
- JoAnne Hales:** Care Coordinator, Toronto CCAC
- Margot Jeffery:** Acting Team Leader, Child & Family Services, Toronto CCAC
- Rob McGarry:** Branch Manager, Comcare Health Services
- Paula Melo:** CCAC Peel
- Athena Seabrook:** Discharge Planner, The Hospital for Sick Children
- Gerry Sinclair:** Manager, Operations, COTA
- Mary Lou Walker:** Family Health Manager, Toronto Public Health

Registration

Registration is limited...so register early!

Registration will be handled on a first-come, first-served basis.

Registration Fee

CHN Members

\$ 100.00

Non-Members

\$ 150.00

Payment of registration fee is required prior to the workshop. Payment can be made by cheque or money order. Please make cheque payable to the Child Health Network.

The registration fee includes general program expenses, materials, food and beverages.

Cancellation Policy

Unfortunately refunds will not be given after registration.

Substitutions are welcome.

Confirmation

No confirmation of registration will be issued. Registrants should consider their registration accepted unless they are advised to the contrary.

Directions to Workshop

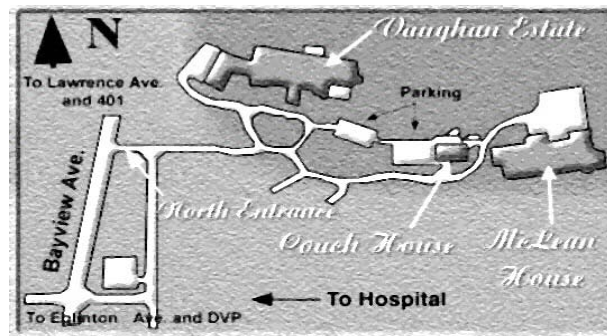
Vaughan Estates at Sunnybrook

Courtyard Ballroom

2075 Bayview Ave.

Toronto, Ontario

(416) 487-3841



Registration Form

Please photocopy for additional registrants

Please complete and return the **registration form together with payment no later than October 24, 2002.**

Ms. Mr. Dr.

First Name _____

Last Name _____

Position _____

Organization _____

Tel _____ Fax _____

Email _____

Payment Method: Cheque
 Money Order

Registration fee \$ _____

Indicate Breakout Session Choice

1. Clinical Issues or
 2. NICU Discharge Planning

Mail registration form to:

Discharge Planning in NICU Workshop
Child Health Network
180 Dundas Street West, Suite 1700
Toronto, Ontario M5G 1Z8
Tel (416) 813-6137
Fax (416) 813-8309

For more information, please contact
Moya Johnson at (416) 813-6507